



Effects of Substance Use, Misuse, and Abuse

Ages 11-14

Activity Overview

Children will use critical and creative thinking skills to describe the short- and long-term effects of substance use.

Assessment

The educator observes children's application of critical thinking skills, and demonstrated knowledge and understanding of the short- and long-term effects of substance use.

Equipment

Chart paper, Markers, T-Chart

Minds On

In a large-group discussion, children brainstorm situations and places where people their age may be exposed to youth and adults consuming legal or illegal substances (e.g., while watching a television show, in other media, in stores, at a party, etc.).

Consolidation

Children respond to the following questions as an Exit Card:

1. How can peers influence your decisions about using alcohol or cannabis?
2. How might you respond to those influences?
3. How can the effects of substance use affect a person's life?