

STUDENT VOICE: ACTIVATE THE DISCUSSION

ELEMENTARY DISCUSSION GUIDE

CONSIDER THESE THREE TIPS BEFORE LEADING A CONVERSATION WITH A GROUP:

- 1 Share Your Energy.** We love that you are excited to share our video, so share that excitement with your audience. Let them know why this video is important and what it means to you. By sharing with them the positive impact it can have on your students and school community, you will encourage them to get excited too!
- 2 Tell Your Story.** Sure, we've provided you with language to use, but what's most important is that you make it your own. *How would your students respond to this question? What would your students say or draw?* Use the questions we've provided to make connections to your school environment and the positive impact a quality H&PE program can have on your students.
- 3 Know Your Audience.** Understanding the experiences of the participants in the conversation and their entry point for the content will help you to meet the objectives of your conversation while making the content relatable to your audience. Knowing your audience and being able to understand their reactions will not only help guide you in the facilitation, but will also help you to read how well they understand the content and are responding to it.

QUESTIONS AND PROMPTS

TEACHER TO TEACHER

Many concepts within H&PE need to be approached with sensitivity. What examples did you hear in the video?

- What did you hear from the students that was a reminder of this need?
- How might this need impact your teaching practice?

How does H&PE connect or relate to your role in the school?

- Where do you see your role reflected in the H&PE curriculum?
- How can teachers and staff not responsible for the delivery of H&PE still help foster a healthy, active learning environment?

Knowing your school community, how can the H&PE curriculum support healthy, active living and overall well-being?

- What is one thing your school community could do better?
- What is a first step you could take to help move your community forward?

What did you hear in the video that suggests possible gaps in or parts of your program that might need to be developed or enhanced?

- Why are these missing topic areas important?
- Where could you go for support about these topic areas?

What good practices does the video affirm we are doing at our school?

- Why are these practices important?
- How could you share these practices with a colleague?

What can we do to create a safe, inclusive, and caring learning environment?

- Which parts of the video highlighted good examples of this?
- How can you recreate those examples or your own in your H&PE program?

TEACHER TO STUDENT

If you were to design the Health and Physical Education program for your grade, what would be important to include?

- Why would you include this content?
- What content would you leave out? Why?

If you were interviewed for this video, what would you have added?

- What would you like your teachers to know about what's important to you in Health and Physical Education?
- How could you share these ideas with your teacher?

What content from the video are you most curious about?

- Why does this learning spark your curiosity?
- How could you get more information?

Why are these subjects sometimes easy or difficult to discuss with your parents/guardians?

- Why is it important to discuss them with your parents/guardians?

What aspects of Health and Physical Education weren't discussed in the video?

- Why might other students find this interesting too?
- How might you be able to share your interest with your parents/guardians or teacher?

How will you advocate for healthy living and physical education?

- Why is it important?
- Is there anyone you would want to share this information with? How would you do so?

TEACHER TO PARENT/GUARDIAN

Describe what you know about the Health and Physical Education program your child will be or is receiving in school.

- What are some of the skills and behaviours you would like your child to learn?
- How does your child learn best? Knowing this, how can you support their learning in Health and Physical Education?

How might a quality Health and Physical Education program benefit your child outside of the classroom in their everyday life?

- How do you see Health and Physical Education reflected in everyday life?
- How can you support your child in making connections between what she or he learns in school and conversations and activities at home?

In what ways are you able to foster the home-school connection related to Health and Physical Education?

- What kind of conversations do you already have with your child that foster safety and well-being?
- What community programs or services are available to support the well-being of your child?

What do you think students want to learn in Health and Physical Education?

- Why is it important for students to have a voice in their learning?
- In what ways can the school support student interests outside of the classroom?

What does your family do to foster positive mental health in your home life?

- What positive strategies to support mental health can be modeled at home?
- How can you support the mental health of your child?

What did you see in the video that might surprise parents?

- Why do you think it may be surprising to parents?
- Where could parents go to receive more information?

